



# St. Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 12th March 2023– Lent 3

### Parish Eucharist 10.00

# W

**Welcomers:** Jenny Miller, Anthony Sullivan

**Server:** Eira Endersbee

**Chalice:** Jude Bullock

# O

**Lessons:** Lisa Markham

**Prayers:** Jude Bullock

**Lead:** Julie Adesina

# R

**Preacher:** Julie Adesina

**Celebrant:** Jude Bullock

**Music:** Peter Stannard



# S

**Hymns:**

422 Lead us Heavenly Father

43 As the deer pants

# H

811 What a friend we have in Jesus

715 The King of love

369 Jesus lover of my soul

# I

# P

# ⊕

The frog does not  
drink up the pond  
in which it lives

Eco Thought for March  
From a native American poem

**This week**

Wednesday 15th Mar 20.00 Lent Course by Zoom

Friday 17th Mar 10.00 Eucharist

Sunday 19th Mar 10.00 Mothering Sunday Eucharist



## **Collect**

Almighty God,  
whose most dear Son went not up to joy but first  
he suffered pain,  
and entered not into glory before he was  
crucified:  
mercifully grant that we, walking in the way of the  
cross,  
may find it none other than the way of life and  
peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## **Post Communion**

Merciful Lord,  
grant your people grace to withstand the  
temptations of the world, the flesh and  
the devil,  
and with pure hearts and minds to follow  
you, the only God;  
through Jesus Christ our Lord.

## **Old Testament Reading**

## **Psalm 95**

1 O come, let us sing to the Lord; let us heartily rejoice in the rock of our salvation.  
2 Let us come into his presence with thanksgiving and be glad in him with psalms.  
3 For the Lord is a great God and a great king above all gods.  
4 In his hand are the depths of the earth and the heights of the mountains are his also.  
5 The sea is his, for he made it, and his hands have moulded the dry land.  
6 Come, let us worship and bow down and kneel before the Lord our Maker.  
7 For he is our God; we are the people of his pasture and the sheep of his hand.  
8 O that today you would listen to his voice: 'Harden not your hearts as at Meribah, on that day at  
Massah in the wilderness,  
9 'When your forebears tested me, and put me to the proof, though they had seen my works.  
10 'Forty years long I detested that generation and said, "This people are wayward in their hearts;  
they do not know my ways."  
11 'So I swore in my wrath, "They shall not enter into my rest."'

This is the word of the Lord.

All Thanks be to God.

## **New Testament Reading**

## **Romans 5.1-11**

<sup>1</sup>Since we are justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup>through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. <sup>3</sup>And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, <sup>4</sup>and endurance produces character, and character produces hope, <sup>5</sup>and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

<sup>6</sup>For while we were still weak, at the right time Christ died for the ungodly. <sup>7</sup>Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. <sup>8</sup>But God proves his love for us in that while we still were sinners Christ died for us. <sup>9</sup>Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. <sup>10</sup>For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. <sup>11</sup>But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

All Thanks be to God.

*When the Gospel is announced the reader says  
Hear the gospel of our Lord Jesus Christ according to John.  
All      Glory to you, O Lord.*

<sup>5</sup>Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph.  
<sup>6</sup>Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

<sup>7</sup>A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.'<sup>8</sup>(His disciples had gone to the city to buy food.)<sup>9</sup>The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.)<sup>10</sup>Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.'<sup>11</sup>The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water?'<sup>12</sup>Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?'<sup>13</sup>Jesus said to her, 'Everyone who drinks of this water will be thirsty again,<sup>14</sup>but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.'<sup>15</sup>The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

<sup>16</sup>Jesus said to her, 'Go, call your husband, and come back.'<sup>17</sup>The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband";<sup>18</sup>for you have had five husbands, and the one you have now is not your husband. What you have said is true!'<sup>19</sup>The woman said to him, 'Sir, I see that you are a prophet.'<sup>20</sup>Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.'<sup>21</sup>Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.'<sup>22</sup>You worship what you do not know; we worship what we know, for salvation is from the Jews.'<sup>23</sup>But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.'<sup>24</sup>God is spirit, and those who worship him must worship in spirit and truth.'<sup>25</sup>The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.'<sup>26</sup>Jesus said to her, 'I am he, the one who is speaking to you.'

<sup>27</sup>Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?'<sup>28</sup>Then the woman left her water-jar and went back to the city. She said to the people,<sup>29</sup>'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?'<sup>30</sup>They left the city and were on their way to him.

<sup>31</sup>Meanwhile the disciples were urging him, 'Rabbi, eat something.'<sup>32</sup>But he said to them, 'I have food to eat that you do not know about.'<sup>33</sup>So the disciples said to one another, 'Surely no one has brought him something to eat?'<sup>34</sup>Jesus said to them, 'My food is to do the will of him who sent me and to complete his work.'<sup>35</sup>Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting.'<sup>36</sup>The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.'<sup>37</sup>For here the saying holds true, "One sows and another reaps."<sup>38</sup>I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

<sup>39</sup>Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.'<sup>40</sup>So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days.<sup>41</sup>And many more believed because of his word.<sup>42</sup>They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord.

All      Praise to you, O Christ.

**N** We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



**E** Please remember **Eat or Heat and the toddlers of Ukraine**. Please continue—and thank you so much for the donation of goods so far—to add a little to your shopping that can be distributed to those most in need

**Fair Trade Fortnight**—There is a sale of fairtrade goods after service today as part of fair trade fortnight.

**W** **Multi faith eco event. Two weeks today, 26th March, in the centre from 2.30 –4.** All welcome, come and meet other Christians and members of other faiths in our area to discuss and share our respective approaches to the climate crisis.

**S** **Save the Date!** St. Anne's Church building is 70 years old in May this year and to mark this great milestone, we are having a service of thanksgiving in the Church and a celebratory meal afterwards in the Centre on Saturday 20th May. We are anticipating a cost of £30 per head for the meal with everyone coming bringing their own drinks. Young people under 11 will be free of charge. Further details will follow in the next few weeks, but it would be helpful to get an idea of numbers, so if you wish to attend this momentous event, please e-mail Lindsey Archer at [lindsey.archer@stannee4.org.uk](mailto:lindsey.archer@stannee4.org.uk)

#### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for March:** 6th Lily Burnett, 9th Dorothy Rossiter, Joan Page-Webster, 10th Peter Simpson, 11th Florence Digman, 12th Elsie Muscutt, 15th Linda Smith-Pryor, 17th John Barwick, Violet Gibbs, 18th Aglaia Macropoulos, Cyril Ives, 21st Bernice Foster, Anthony Foster, 22nd Kim Runeckles, 23rd Derek Palmer, 24th Betty Crawford, 27th John Wood.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,  
may they rest in peace and rise in glory. Amen*